



## BEVERAGES

Juice: orange, apple, grapefruit, cranberry

Milk: 2% white, chocolate

Coffee: regular, decaffeinated

Tea: orange pekoe regular, decaffeinated

Herbal Tea: assorted — ask your server.

## STARTERS

Fruit cocktail, half grapefruit, seasonal berries, honeydew melon, cantaloupe, fruit yogurt, stewed prunes, cottage cheese.

## ENTRÉES

### Oatmeal

Served with raisins, brown sugar and warm milk.

### Cold Cereal

Frosted Flakes, Fruit Loops, Muslix, Vector, Corn Flakes, Rice Krispies, Bran Flakes, Cheerios

### Eggs

Scrambled, poached, sunny side up, over easy, over hard. Served with home fries and your choice of breakfast side and bread.

### Eggs Benedict

Two English muffin halves each toasted and topped with a thick cut of peameal bacon, a poached egg and rich Hollandaise sauce. Can also be ordered as a single. Served with a side of home fries and your choice of breakfast side and bread.

### Eggs Florentine

Two English muffin halves, each toasted and topped with sautéed spinach, a poached egg and rich Hollandaise sauce. Can also be ordered as a single. Served with a side of home fries and your choice of breakfast side and bread.

### Pancakes

Plain or blueberry. Stack of three pancakes served with syrup or Fern honey. Served with home fries and your choice of breakfast side.

### Fern's Famous French Toast

Secret roll-recipe dough baked into loaves, sliced and dipped in egg, cinnamon and vanilla batter. Topped with a dusting of powdered sugar and served with syrup or Fern honey. Served with home fries and your choice of breakfast side.

### Omelette

Choose from ham, cheese, tomato, bell pepper, onion, mushrooms, spinach and hot peppers. Served with home fries and your choice of breakfast side and bread.

### Scrambled Tofu

Tofu scrambled with your choice of tomato, onion, bell pepper, mushrooms, spinach and hot peppers. Served with your choice of breakfast bread. (Non-vegan home fries and a breakfast side are available also.)

### Fried Egg Sandwich

Fried egg with cheese on an English muffin. Served with home fries and your choice of breakfast side.

### BLT Sandwich

Your choice of breakfast bread, toasted and served with bacon, thick tomato slice, leaf lettuce, and a side of mayonnaise. Served with home fries and your choice of breakfast side.

### Fruit Plate

Seasonal variety of sliced fruit.

### Fern Resort Smoothie







A daily creation using yogurt, kale, Fern honey and açai powder for a simple, healthful breakfast. No substitutions please. Served with your choice of breakfast bread.

## BREAKFAST SIDES

Choose one: bacon, sausage, peameal bacon or grilled ham.

## BREAKFAST BREADS

White toast, whole wheat toast, rye toast, multi-grain toast, toasted bagel, toasted English muffin, croissant.

-  Vegetarian
-  Can be made vegan
-  Spicy
-  Gluten free
-  Can be made gluten free
-  Contains nuts or peanuts





SAMPLE